

Carolina Country

DECEMBER, 1975





Your EMC Wishes You All The Joys
Of An Old Fashioned Christmas.



N.C. Electric Membership Corporation



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Raleigh, N.C. 27604
Your EMC's Magazine

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Carolina Country

Read Monthly in More than 240,000 Homes.
Vol. 7 No. 12 December, 1975

Our Special Corner

With Thanksgiving immediately behind us and the Christmas season fast approaching, it seems an especially appropriate season for reflecting on the many glorious gifts which most Americans enjoy without a second thought.

One unidentified writer was in just such a reflective mood when he wrote a short essay describing a mythical town where the entire world's population was compressed into 1,000 citizens. Sixty of these people, or 6 per cent, would represent the population of the United States. The other 940 people would represent the population of the rest of the world.

Here's what he said you'd find in such a town:

"Of the entire population in this town, 300 would be Christians; 700 would not be. At least 30 people there would be dyed-in-the-wool, believing Communists, and 370 would be under Communist domination.

"Three hundred and three people in the town would be white; 697 would be non-white. The 60 Americans would have a life expectancy of 70 years each; but the life expectancy of all the other 940 people would average less than 40 years each.

"On the average, the Americans there would have 15½ times as much per person as the rest of the townspeople. And although only 6 per cent in number, they would produce 16 per cent of the town's food supply — and eat up no less than 14½ per cent of its total supply of food.

"The 60 Americans would have 12 times as much electric power as all the rest; 22 times as much coal; 21 times as much petroleum; 50 times as much steel and 50 times as much in general equipment.

"The lowest income group of the Americans would be better off than the average of the rest of the town. Almost one-half, or 500 of the people there, would not be able to read or write.

"More than one-half would never have heard of Christ or of what he stood for, nor would they have heard of the American way or the competitive system of free enterprise. More than half would have heard of Karl Marx and Communism."

The writer's message certainly offers a new perspective on the worldwide community of man and our special corner of that world. They should also inspire in most Americans a new awareness of the many blessings to be counted in this great land of ours.

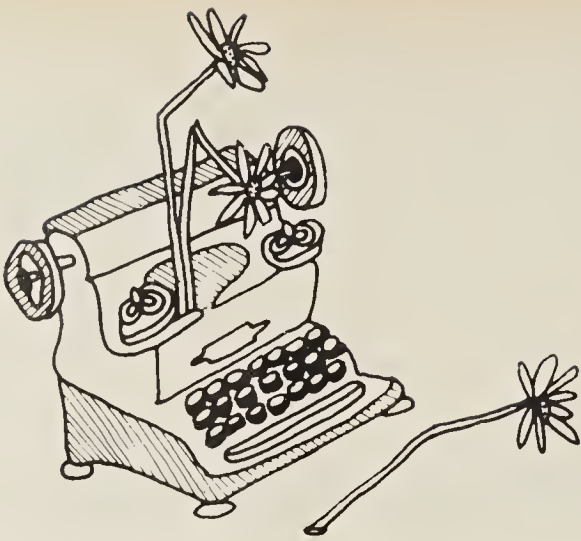
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COVER — Our cover this month offers a seasonal salute to the American Bicentennial. Raleigh artist Dot Stell has provided us with a scene of Christmas feasting and merry-making as it might have been practiced in the homes of North Carolinians in the Colonial era. For details of how Christmas was celebrated in those days, read Associate Editor Spencer Carter's story on Pages 6 and 7. And for a glimpse of the kinds of foods which were served at Colonial holiday gatherings, see the Carolina Homemaker, Pages 8 and

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rural electric Notebook

A NUCLEAR LEGACY

"If I had a choice to leave a legacy to our offspring, I would choose nuclear energy."

That comment came from Dr. Thomas Elleman, a professor of nuclear engineering at N.C. State University, as he addressed a recent seminar on nuclear energy in Chapel Hill.

He said the unfortunate fact is that all current methods of generating electricity involve risks. "Our task is to find the optimum balance between current needs, conservation, future planning and public safety. I believe that nuclear power can and does provide cheaper electricity with more protection to the public and our environment than any of the alternative methods available to us," he said. "We need to quickly develop this energy source, with all due respect to public safety, if we are to minimize the impact of the energy shortages we face over the next 20 to 30 years."

Elleman suggested that radiation from a nuclear plant poses no threat to public safety since it "is far less than that already in the ground, X-rays and cosmic sources." He also acknowledged other safety problems related to nuclear power -- hazards of plutonium, leakage of radioactive material, contamination hazards in transportation and storage of nuclear materials, concern over cooling towards that loom on the horizon. But, he believes the benefits outweigh the

risks. "It's too foolish to rely on some spectacular breakthrough in the near future."

He added: "As in any new technology, there is a learning period. Anyone who insists on a moratorium on nuclear energy should then spell out in clear terms some alternative plan to provide energy."

FAULTY FORECASTS

The Washington Star reported recently that despite generally increased use of electric power this year after virtually no growth in 1974, many of the nation's utilities have found their customers are still using less power than they had predicted. This situation has increased the uncertainty within the utility industry about its ability to accurately forecast future power demands.

Consolidated Edison Co. of New York, the nation's largest investor-owned electric utility in terms of revenues experienced only a 3 per cent growth in kilowatt-hour sales during the first eight months of 1975, compared with the same period of 1974.

WHAT PRICE BICYCLE POWER?

Scientists say a top-notch athlete on a stationary bicycle attached to an electric generator, will have produced less than 8/10 of a kilowatt of electricity after an hour of peddling at full speed. At today's prices, that's less than three cents worth of electricity.

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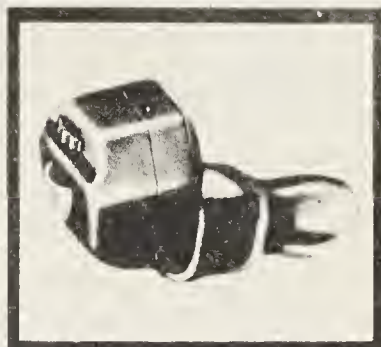
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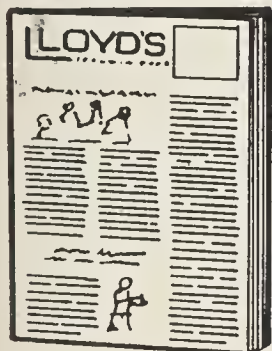


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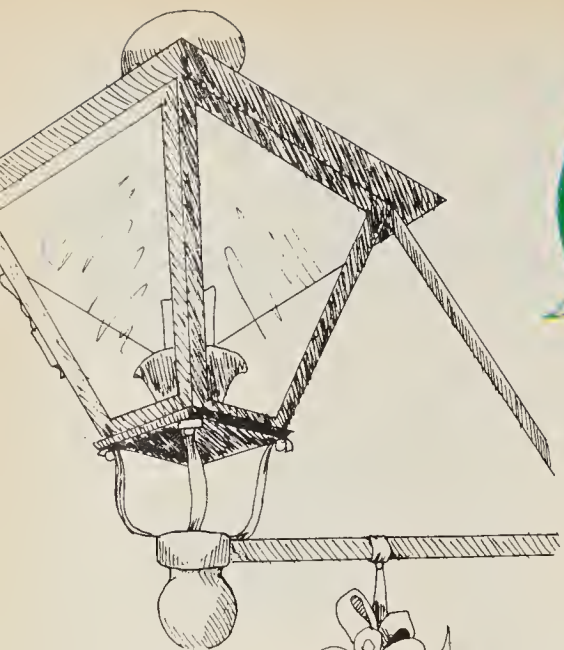
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hristmas in the Carolina and Virginia Colonies during the decades before the Revolution was a holiday of tremendous social importance — for those who observed it.

It was mid-century before many Protestant churches accepted the celebration of "Christ's Mass." They associated it with Roman Catholicism and objected to the secular aspect of feasting and merry-making, characterizing the holiday as "Popish," and a "wanton Bacchanalian feast." But the churches eventually yielded to the wishes of the people.

Presbyterian minister David McClure wrote in 1773 that he "rode 7 miles to Mr. Stevenson's and preached. The hearers mostly Virginians . . . several present appeared almost intoxicated. Christmas and New Year holly days, are seasons of wild mirth and disorder here."

Christmas Day itself was primarily a holy day, with prayers and solemn hymns, but Christmas season, which lasted from about December 16 to January 6, was a time for making a "joyful noise." There was church going throughout the season, but the emphasis was on hunting, horse racing, games, courting, Christmas balls, family gatherings, caroling, and firing of guns in celebrations.

Although Santa Claus, as well as the Christmas Tree, was not to appear throughout the country for another century, his spirit was abundant in the colonies. Settlers virtually waylaid strangers to have a great number of people share in their pleasure.

"All over the Colony, an universal hospitality reigns," the *London Magazine* reported in 1746, with "full tables and open doors."

Cooking for Christmas feasts began just after Thanksgiving. By the arrival of the holiday season, "groaning boards," tables that virtually groaned under the weight of food, were decked with multitudes of dishes and drinks:

oysters, wild turkey, roast beef, pheasant, mushrooms, sweet potatoes, creamy peanut soup, baked ham, plum puddings, spicy mince pies, fruit cakes and scores of other culinary delights. To wash it all down, there was Madeira, syllabub, mulled cider, dark beer and punch.

It was a season for leisure, for reflection on the past and things to come, and for moments of warm communication. There was time for gossip, for talk of politics, the price of tobacco and corn, and for the exchange of ideas on the latest London styles. There was time for travel between isolated communities when bonds of friendship and family could be renewed.

Wassailing, (originally the drinking of warm ale), burning the Yule log, and caroling were traditions English settlers brought with them from their homeland. It was considered bad luck for the Yule log to go out during the holiday season for its burning was originally thought to drive away evil spirits and to persuade the sun to bring back its warmth.

Although there is no written record of Christmas decorations in colonial America, it is likely that the English and German settlers observed many of the customs of their homelands, including the use of greenery during the holiday season.

Undoubtedly, mistletoe would have been one of the more popular decorations. Thought to bring luck and fertility, tiny sprigs of the shiny plant were sometimes included with invitations to parties to wish each guest happiness and prosperity in the year to come. And there was the added attraction, particularly for young people of courting age, of the plant commanding a kiss for the pair who found themselves beneath it.

Young men, encouraged by a variety of kissing games eagerly visited young marriageable women during the holiday season. Indeed, it was a perfect time for weddings, being between harvesting and planting. George Washington and

COLONIAL CHRISTMAS

Martha Custis married on Twelfth Day in 1759, and Thomas Jefferson and Martha Skelton exchanged vows on New Year's Day, 1772.

Obviously, the Christmas season was not primarily for children. They sometimes received small gifts on New Year's Day, although it was not a regular occurrence, and they did not expect it. The rich, however, were expected to be generous with their slaves and the poor.

The chains of slavery were relaxed somewhat during the season. The slaves were free of work from Christmas Eve through New Year's Day on some plantations. Other slave masters based the length of the holiday on the Yule Log. So long as the log burned, the slaves were free to celebrate. And since it was their chore to bring in the log, they naturally got the hardest, biggest one they could find, soaking it in water to prolong the burning time.

On Christmas Eve a cowbell summoned the slaves to their quarters for a watch-night meeting where prayers were spoken and solemn hymns were sung until midnight. With the cock's crow announcing the holy hour, there was rejoicing, dancing and singing.

Plantation owners' living areas were usually off limits to field hands except at Christmas, when they were encouraged to come near and celebrate the entire day with singing and dancing.

Early Christmas morning, the slaves appeared at their master's door shouting "Christmas gift." The women usually received brightly-colored headcloths and the men, tobacco. And there was extra food for everyone.

"Metheglin," a concoction of fermented honey, spices and water, was plentiful. A favorite dish made from backbones (spareribs were generally scorned), was pork pie. There was also possum and raccoon dishes, and sweet potatoes.

Christmas was a time of genuine celebration for just about everyone. Only a few decades before, in 1711, the Tuscarora Indians had massacred almost all the settlers in North Carolina. The threat of continuing Indian attacks on scattered settlements had, of course, put a damper on any festivities. Another factor was that scratching out a living was a full-time job and the settlers were reluctant to loose a day's labor, although Christmas Day and Good Friday were generally observed.

But by the middle of the century, settlements had grown rapidly, the threat of



Indian attack no longer existed for most, and the land was bountiful.

Almost a hundred years had passed since the New England Puritans passed a law in 1659 which read: "Whosoever shall be found observing any such day as Christmas, or the like, either by forbearing of labor, feasting in any other way, shall be fined 5 shillings."

Such a law undoubtedly seemed as odd to most Southern colonists in the 1750's as it does to Southern Americans in the 1970's.

Spencer Carter

Our Colonial Heritage: Two Centuries of Christmas Foods



Holiday food intrigued many colonial appetites. Our heritage of recipes for Christmas culinary delights of the period remains a link with the past which many families treasure year after year. Colonial Williamsburg recreates a variety of the foods so loved by our forebears.

The Carolina Homemaker

Colonial Williamsburg photo

Christmas doin's in the kitchens of early North Carolinians were not all too different from the hubbub of preparation that goes on today.

Our colonial forefathers were known for their appetites... and perhaps, it was good food that helped sustain them through confrontations with all manner of "wilde beasties" and unsheltered nights at the mercy of incongruous weather and other unknown travesties.

So, it was only proper that their Christmas celebration display some of the more scrumptious delicacies of the year.

These dishes, whether brought down to us by exquisitely handwritten family records or by generation upon generation's knowledge of 'Grandma Martin's Recipe,' have become our Christmas heritage. For whatever Christmas is, its friendship and spirit are shared most joyously at the family dining table.

Ruth Cole Kainen's *America's Christmas Heritage* once again brings to life many of our traditional holiday foods. From the kitchen to the feast, these are among some of the more popular dishes that have brought an extra sparkle to Southern Christmases over two centuries.

Syllabub

"Put a pint and a half of port or white wine into a bowl, nutmeg grated, and a good deal of sugar, then milk into near 2 quarts of milk, frothed up. If the wine be not rather sharp, it will require more for this quantity of milk. Clouted cream may be put on the top, and pounded cinnamon and sugar."

Clouted cream was produced by heating together beaten eggs, cream, milk, rose water and mace, then removing the top when the mixture had cooled overnight.

Syllabub was served by the Royal Governor and Major Tryon in Tryon Palace (1776-75).

One origin of the name of the beverage has been attributed to Anne Boleyn (the wife of England's King Henry VIII who lost her head). She is said to have called the drink "Silly bubbles."

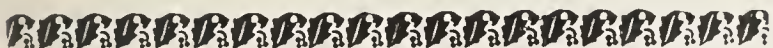
Oysters were as plentiful in colonial times as they are today — one of the reasons they have become loved as traditional American Christmas food.

Oyster and Ham "Pie"

1 pint fresh oysters w/liquid
1 onion chopped
1/2 cup butter
1/2 cup flour
1/2 cup milk
1/2 cup white wine
1/4 cup chopped cooked ham, preferably cured ham
2 cups green peas or 1 package frozen

Turn oven to 400° F.

Separate oysters from liquid, and reserve both. Sauté chopped onion in 2 tablespoons butter until golden. Remove onion and reserve. Add remaining butter, melt; then add flour gradually, blending well. Let cool. Stir milk gradually into butter-flour mixture, then simmer, stirring constantly. Add wine and oyster liquid. This will make a very thick white sauce. Do not thin. Dish can be prepared to this point, then refrigerated until time of final cooking. Add oysters, cooked onion, ham, and peas to wine-oyster liquid mixture and turn into ovenware pot or dish. Put in preheated 400° F. oven and cook 15 minutes, or until peas are just done. Serve with tiny biscuits. If pie crust is added, bake until crust is golden.



A Colonial Ham Tip

"To eat ye Ham in perfection, keep it in half Milk and half Water for thirty-six Hours, and then having brought the Water to boil, put ye Ham therein and let it simmer, not boil, for 4 or 5 Hours, according to Size of ye Ham — for simmering brings ye Salt out and boiling drives it in."



Plum Pudding

3/4 cup suet, ground or chopped fine
1/2 cup minced, peeled apples
1/2 cup fine bread crumbs
1/2 cup flour, sifted with
1/8 teaspoon mace
1/2 teaspoon nutmeg
1/4 teaspoon salt
1/4 cup candied orange rind
3/4 cup raisins
3/4 cup currants
3/4 cup light brown sugar
1/4 cup brandy
3 eggs, well beaten

Mix all ingredients except eggs until well blended. Work with hands if necessary. Stir in eggs. Tie tightly in a thickly floured cloth or, preferably, pour into a lightly greased pudding mold or coffee can which can be covered tightly.

Place on a rack in a pan with boiling water extending two thirds of the way up the side of container. Boil for 3 hours. To serve, reheat by steaming, or wrap pudding in foil paper and heat in oven.

For decoration, as well as extra flavor, follow an 1820 suggestion: Stick blanched, split almonds all over the pudding and set aflame before bringing to table.

Serves 8 to 10

Long a holiday meal favorite, sweet potatoes have been served in puddings and souffles, as well as simply baked and topped with great globs of country butter. Here's another variation:

Southern Sweet Potato Pie

1-1/2 cups cooked, mashed sweet potato (yams)
3/4 cup sugar, half brown, half white
1 cup evaporated milk
3 medium-sized eggs, well beaten
1/4 cup soft butter
1/2 teaspoon salt
1/4 teaspoon cinnamon
1/4 teaspoon ginger
1/2 teaspoon nutmeg
1 unbaked pie crust

Preheat oven to 450° F.

Mix ingredients thoroughly. Pour into unbaked pie shell. Bake ten minutes, then reduce heat to 325° F. Bake 30 minutes or longer. Serve cold.

Another long-time Christmas favorite everywhere in the South has been Ambrosia. An Ambrosia Cake has been evolved from the original light dessert. It is made by combining 3/4 cup cream whipped stiff, 2 cups powdered sugar, and the juice and grated rind of one orange, plus the chopped orange segments and grated coconut. Half the grated meat of one coconut is added to the cream mixture, which is then spread between layers of yellow cake. The remaining coconut is sprinkled lavishly on the outer cream topping.

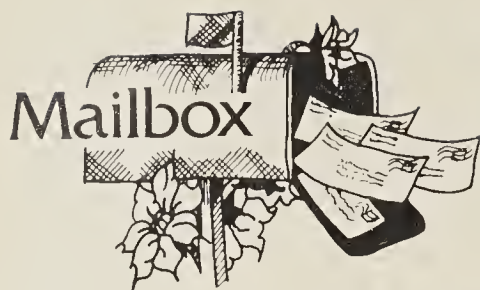
Ambrosia

1 fresh coconut, grated
4 oranges, peeled, sectioned, and seeded
1/2 fresh pineapple, cut in bite-size chunks
Milk from the coconut
1/2 cup orange juice, or more
Sugar to taste

In a large glass bowl, or in individual glass sherbet dishes, place layer of coconut, layer of oranges and pineapple, and top with layer of coconut. Pour coconut milk and orange juice over all. Lightly sprinkle with sugar, and pass sugar for individuals to add more if desired.

Some Southerners add sherry to ambrosia when serving it as a dessert.

Serves 8 to 10



I think *Carolina Country* is a great little magazine, I wouldn't want to miss any. I enjoy the patterns and recipes so much.

Mrs. Ernest Morris
Willis, Va.

I read the *Carolina Country* and I am glad to get it, but I am so sorry you have left the pattern page out. I have ordered patterns from there. I do hope you will go to publishing them in your paper again.

Mrs. Floyd Askew
Hot Springs

The article, "Nuclear Power: 'No Reasonable Alternative'" in the August issue of *Carolina Country* is the straw that breaks my camel's back. There surely must be some regulation which should prevent you from distributing such biased information to the EMC membership. I for one do not wish to have you use the EMC as a forum for your extremely biased opinions on nuclear power. Although I don't know, I would guess that the EMC either subsidizes *Carolina Country* or outright floats your entire operation. Should I find out that either of the above be the case, I shall begin work to try and stop *Carolina Country* from entering the homes of the unsuspecting EMC membership.

The article on nuclear power reminds me of the time when the automobile companies were telling us that the "rapid and widespread application" of big Detroit automobiles was the answer to all our transportation needs. Just as they didn't look beyond their noses so now the nuclear power advocates are trying to sell us the same bill of goods. I admit I was taken in by the hard sell of the 1950's and 1960's but I won't buy that line again.

I'm a graduate electrical engineer and as such am not anti-technology, not even anti-nuclear technology. I simply believe we must develop a more realistic view of what technology can and cannot do for us. First no technology can solve or provide for an insatiable appetite for electricity. Second we must alter the American attitude that brute strength (force) is the solution to all problems.

The article by Mr. Carl Walske is a shameful example of intellectual dishonesty. The man knows that many of the things said in the article are not true and the entire article mentions only the advantages with no serious mention of disadvantages. He says "fuel for nuclear power is abundant and relatively cheap, however, and the technology is safe and clean". Later in the article he himself admits of uncertain supplies probably limited to a "matter of decades". More realistic estimates has the supply limited to about 25 years. What are we to do with these enormously expensive present day reactors (running into billions of dollars each) when the supply runs nearly out in 20 to 30 years and we must switch to the fast breeder reactors?

You don't have to be an economics genius to realize that "rapid and widespread application" of such reactors make no sense. What will the public say when the power companies come back in 20 years saying "look we're out of fuel"? In 20 years the fast breeder plant will likely cost 10 times the cost of a present day plant. Or put another way each plant will cost about the same as we spent to put a man on the moon. Why does Mr. Walske say "conservation methods are insufficient"? When even a school boy can figure out that it'll eventually be forced on us.

Perhaps the most disgusting aspect of the whole article is Mr. Walske's discussion of nuclear safety. As is typical of the pro-nuclear advocates their figures and statistics are slanted to support the cause. For example, Mr. Walske says that 1,600 reactor-years of operation have been accumulated without injury to the public. What he doesn't tell us is that many of those reactor-years have been accumulated with the reactors operating at 50 per cent or less of their rated capacity. In fact very few if any nuclear power plants have operated at full capacity for any length of time. Yet the cost of a nuclear power plant is justified only if the plant operates at or near rated capacity. What safety record will be established when the reactors are turned on full blast? I don't know, and neither does anyone else.

Mr. Walske says little about nuclear waste, one of the most poisonous substances known to man. Near Morehead, Kentucky there's a nuclear waste storage facility which has been in operation for approximately 15 years. The community was assured that the facility was a safe operation. Recently there has been a leak threatening the local water shed. This only after 15 years while the material stored has a poisonous life expectancy of several thousand years. There is presently no known way of deactivating nuclear waste and according to the head of the Nuclear Regulatory Commission in an article in the August issue of *U.S. News and World Report* none is expected. Shall we continue to do as we have in the past, plunder the earth for our immediate pleasures and let the coming generations worry about our wastes?

Finally I suggest that *Carolina Country* and more particularly the management of North Carolina Electric Membership Corporation listen to

what Mr. Robert I. Kabat had to say recently as I spoke to the conference of directors of the N EMC. Mr. Kabat suggested among other things that EMC management "Level" with member-consumers, not only about the present, but also about what the future may hold".

Running such intellectually dishonest and biased articles by the nuclear industry is no way to level with the membership, and soothe the antagonistic membership.

Perhaps the usefulness of the EMC has run its course and maybe it is time to terminate the government subsidy to the power industry!

Sincerely,
Archie L. Keith
Rt. 1, West Jefferson

I read your magazine each month and enjoy very much; and I for one would like for you to reprint "My Kitchen Prayer," as I was not living the Lumbee River EMC area when it was printed 1970. It sounds interesting.

The cover of *Carolina Country* was so pretty this month (October), and the cabbage relish recipe sounds good. I'm going to try it soon.

All your articles are so interesting in your wonderful magazine. Keep up the good work.

Mrs. Esther Kinla
Rt. 7, Lumberton

It was a real pleasure to find a copy of your magazine addressed to us in the Hide-A-Way Mt. mailbox on our recent trip to North Carolina. Wonder how many we have missed? This is the very first we have seen — and we thoroughly enjoyed reading it and have already gained much knowledge from it. We plan to build a permanent home up there as soon as we can retire. In the meantime, we are using our cottage on the mountain for two or three times a year visits. Would you please send our magazine down here — where our North Carolina bill come? Would appreciate it so much.

Mrs. Charles Kelle
West Palm Beach, Fla.

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An Authorized Bicentennial Program of
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A.



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B. flag on your house, on your lapel, and on your car window and bumper.

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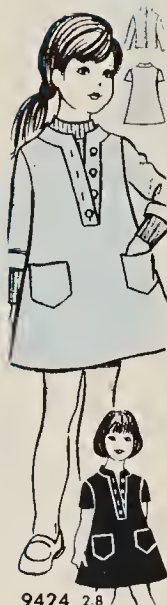
Fashion Favorites



9009
10½-18½



9405
SIZES 8-18



9424 2-8



9157
8-18



9434
SIZES 10½-20½

Pattern No. 9009 is cut in sizes 10½, 12½, 14½, 16½ and 18½.
Pattern No. 9405 is cut in sizes 8, 10, 12, 14, 16 and 18.

Pattern No. 9424 is cut in girls' sizes 2, 4, 6 and 8.
Pattern No. 9157 is cut in sizes 8, 10, 12, 14, 16 and 18.

Pattern No. 9434 is cut in sizes 10½, 12½, 14½, 16½, 18½ and 20½.

Send \$1.00 in cash (no stamps) for each pattern to: CAROLINA COUNTRY, Box 42, Old Chelsea Station, New York, N.Y. 10011. Add 25¢ for first-class mail and special handling. Be sure to include your full address, zip code and pattern size.

Country Kitchen



BROWN SUGAR GELATIN SALAD

Mrs. Thomas C. Bunn of Wendell sent us this recipe for a different taste in congealed salads. This one, with its sweet and sour taste, might make the perfect sidekick to one of those mid-winter pork meals.

Mrs. Bunn says, "I have never served this salad without someone asking for the recipe."

If you would like to share a recipe with this column, send it to: Country Kitchen, 3333 N. Boulevard, Raleigh, N.C. 27604. We pay \$5 for chosen recipes.

COUNTRY KITCHEN RECIPE

Submitted by Mrs. Thomas C. Bunn of Wendell

BROWN SUGAR GELATIN SALAD

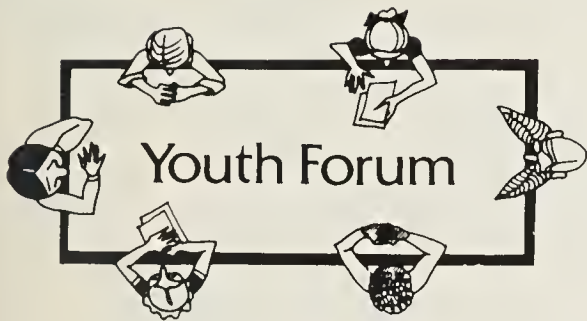
Soften 2 envelopes gelatin in ½ cup cold water
Drain 1 large can pineapple (crushed)
Add gingerale to juice to make 1½ cups liquid
Add to juice:

½ cup sugar
½ cup brown sugar
¼ cup vinegar

Bring to boiling point
Add to gelatin and dissolve
Chill until it just begins to jell
Add:
drained pineapple
½ cup diced celery
½ cup black walnuts
¼ cup sweet pickle

Mix well and congeal

The Most Interesting Tar Heel I Know



Best All Around

By Helen Smith

The most interesting Tar Heel I know is Mrs. Bessie Jane Sechrest. She is 41 years of age and is a resident of Mocksville. I think she deserves this title for several different reasons:

First of all, Mrs. Sechrest is a great cook. She makes many wonderful dishes which her family and others enjoy. She can do odds of all kinds for her family. Most of this food she gets from their own garden, which she helps tend. She also helps with the work around the house with the farm animals. She works hard when it comes hogkilling time.

Mrs. Sechrest also sews. She makes clothes for herself and her family. She makes quilts and other household items such as throw pillows. She's very helpful and handy with her hands.

Another thing she does is collect antiques. She has a variety of antiques which are all in good condition. Mrs. Sechrest has decorated parts of her home with these interesting items. She has several shelves of old bottles and jars.

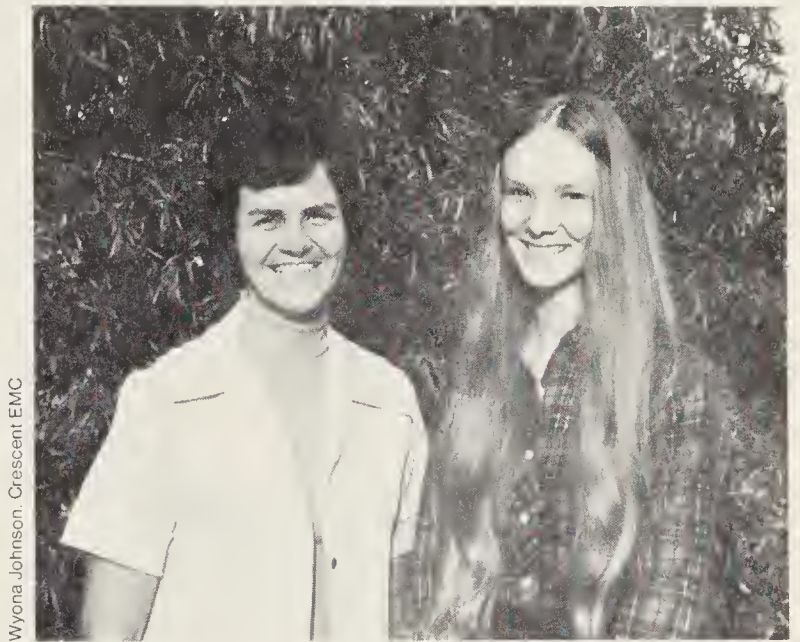
Mrs. Sechrest takes a part in her church, also. She attends Northman Creek Baptist Church. She sings in the choir, helps take care of the Nursery, and is the Missionary Treasurer. She also sings alto in a ladies trio (The Angell Trio).

Mrs. Sechrest is a Licensed Practical Nurse, and works at Davie County Hospital.

Besides all these things, Mrs. Sechrest still has plenty time for her family. She enjoys taking part in activities such as fishing and playing ball. She also helps out with parties for her children or her husband's Sunday School class (young adults). In fact, she does a great job with most all kids.

For these reasons, and many more that I don't have time to tell about, I think Mrs. Bessie Jane Sechrest should be everyone's favorite Tar Heel character.

Helen Smith, who is 14 years old and a freshman at Davie County High School, said, "I have known Mrs. Sechrest almost all my life, and if anyone deserves the



Wyona Johnson, Crescent EMC

Mrs. Sechrest and Helen Smith

title of *The Most Interesting Tar Heel, she does.*" Helen and her parents, Mr. and Mrs. Donald O. Smith, live in Mocksville and are served by Crescent EMC.

You, too, probably know of an interesting person in North Carolina!

Conduct your own "interview" and then send us your story on "The Most Interesting Tar Heel I Know" (at least 300 words). Include a black and white photograph if at all possible. We'll send you \$15 for each essay that is published. Feel free to write about anyone in the state you know personally, but be sure to let us know why they're special and deserve the title of the most interesting Tar Heel. Include some facts about yourself, parents' names and the EMC serving you. You may want to include something about how you went about finding and writing your story. Send all stories to TAR HEEL, CAROLINA COUNTRY, 3333 North Blvd., Raleigh, N.C. 27604.

YOUTH FORUM will continue in the coming months to offer a question-and-answer column for our young readers. Here's one you can be thinking about!

NEXT QUESTION: Who do you think would make a good president the next time around and why?

If you have a good answer, send it to YOUTH FORUM, CAROLINA COUNTRY, 3333 North Blvd., Raleigh, N.C. 27604 immediately. Tell us a few facts about yourself — your age, school, hobbies, etc. Include your parents' names and the name of the EMC serving you. If your answer is published, we will send you \$5. If you want to submit a question, send it along and for each one used, the sender will receive a \$5 check.

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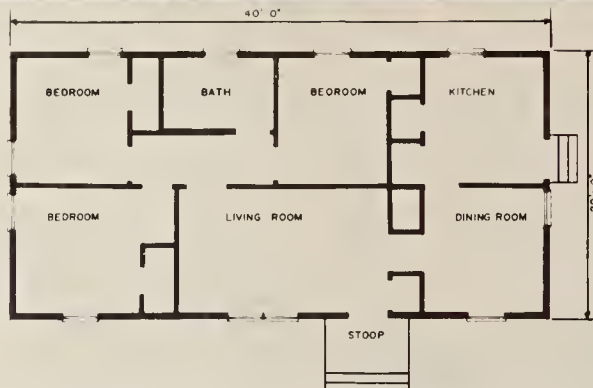
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We're one in working to help solve energy and other problems;

And we are one in wishing you a fine, beautiful, and

MERRY CHRISTMAS



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Cheer!



Some of the Christmas toys are so complicated this year that even the kids have to read the directions.

Department store at Christmas: Shopping maul.

Mother (horrified): "Kissing a man you just met! You never saw me doing that!"

Daughter: "No, but I'll bet Grandma did."

Old mailmen never die — they just lose their zip.

Kissinger's mileage
Will he never pause?
Is only exceeded
By Santa Claus!

Hickory Nuts Roasting By The Fire is a Christmas song by Yule Gibbons.

Actor Burt Reynolds made a somewhat inauspicious return to south Georgia hometown when a tire on the beatup film car he was driving went flat.

Reynolds engineered the auto to a local garage.

"You sure look familiar," the mechanic told him. "Haven't I seen you before?"

"Maybe at your local theater," Reynolds suggested.

"Maybe," said the mechanic. "where do you usually sit?"



"I'm not too familiar with sugar plums, but I make delicious Danish pastry."

FULL COLOR COVER PRINTS



Carolina Country is offering full-color reprints of the beautiful water-color beach scene which graced the cover of the May issue of the magazine.

The original painting was done by Durham artist Nancy May especially for *Carolina Country*.

Ms. May has been studying watercolor privately for the past four years and has developed her style through actual experience at the coast. She has exhibited in several one-woman shows in Raleigh, Chapel Hill and Pawley's Island, S.C.

The reprints of the painting are printed on quality paper with a border, making them suitable for framing without additional matting. They measure 11" x 14". Each print is signed by the artist. Only \$5.00, including tax and mailing costs.

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People

Charlie Wayne Batten of Rt. 3, Wendell, has been awarded the first **Harry B. Caldwell Scholarship** from the North Carolina Cooperative Council. The \$500 scholarship was created by the council to honor **Harry Caldwell**, who retired in 1974 as executive vice president of the organization. Batten is a senior at N.C. State University majoring in agricultural education.



Information Specialist Joins N.C. EMC Staff



Mrs. Margaret S. Howell of Chapel Hill has joined the staff of North Carolina Electric Membership Corporation and *Carolina Country* magazine.

She will serve as staff writer for the publication and act as editor of the *EMC Employee*, a quarterly publication which is circulated to the 2,000 employees of the state's EMCs. In addition, her duties will include coordinating N.C. EMC women's activities and youth programs.

Mrs. Howell is a former assistant women's news editor for the *Wilmington Morning Star*, where she won an award for layout and design. She has also been employed as a public information assistant at Charlotte Memorial Hospital and comes to N.C. EMC from a similar post at Duke University Medical Center.

The Wilson native received an AB degree in English and journalism from East Carolina University. She was recently elected vice president of the South Atlantic Council of Industrial Editors, an organization of business communications specialists from the Carolinas which is affiliated with the International Association of Business Communicators.

Mrs. Howell's husband Andy is a second-year law student at UNC-CH. The Howells are consumer-members of Piedmont EMC in Hillsborough.

Dr. Marvin L. Speck, a food scientist at N.C. State University, is the 1975 winner of the J.M. Jarrett Award given by the N.C. Public Health Association's Environmental Health Section for "significant contribution toward improving man's environment."

Six members of the North Carolina Agricultural Extension Service have been selected for Distinguished Service Awards by the National Association of County Agricultural Agents. They are **R.E. Wilkins**, Duplin County agricultural agent; **Jack Earley**, Cherokee County extension chairman; **Wade Johnson**, Davidson County agricultural agent; **John Cooper**, Chatham County extension chairman; and **Bruce Woodward**, Cumberland County extension chairman; **Tom Andrews**, Caldwell County extension chairman.

The awards were presented during the association's annual meeting in Milwaukee, Wis. Each recipient was cited for his leadership in specific educational programs.

Lester Clyde Babson of Freeland in Brunswick County has been appointed by the governor to the N.C. Rural Electrification Authority. A merchant and farmer, he retired earlier this year as a member of the Brunswick County Board of Elections, a post he had held for 35 years.

The Future Farmers of America have named **Roy Mitchell** of Elkin the 1975 Star American Farmer for the Eastern Region, North Carolina, Virginia and West Virginia, plus 12 Northeastern states are included in the Eastern Region.

The 21-year-old dairy farmer persuaded his father to modernize the Mitchell family operation in 1965, when they were milking 25 head by hand. Today, a herd of 120 are milked twice a day in a modern automated milking parlor, producing a current average of 12,500 pounds of milk per cow each year. His goal is to have a 15,000 pound herd average in two years.

Gerald D. McCullen, who has been on the Columbus County Agricultural Extension staff for the past 10 years, has been appointed as the county's new extension chairman.

George Shinn of Raleigh, owner of four North Carolina business colleges and a nationally-recognized business school consultant, has been awarded the Horatio Alger Award for self-made man. The 34-year-old Kannapolis native is the youngest recipient and the second Tar Heel to receive the award in its 25-year history. Former Gov. Luther Hodges was the first.



Grange Master Elected

Lloyd M. Massey of Rt. 1, Dudley in Wayne County has been elected master of the North Carolina State Grange. He succeeds **Mrs. Harry B. Caldwell** of Greensboro, who retired after 12 years as head of the statewide organization.

Massey, who is a farmer and owner of an insurance agency, was N.C. Granger of the Year in 1972-73 and served as treasurer of the State Grange from 1940 until 1972, except for a period of eight years while he was in the armed forces.

He was president of Wayne Dairy Cooperative in Goldsboro from 1947 to 1951 and served as its manager from 1951 to 1953.

Mrs. Caldwell, who has been active in the Grange since 1930, served as master in 1946-47 and was elected to the post again in 1963. She is the only woman to have held the post. She was public rela-

tions director for the Grange from 1962 to 1962.

Massey was elected at the 47th annual Grange Convention in Greensboro.

During the meeting, the organization named **Ray A. Cline** of Cabarrus County as Granger of the Year, citing him for his "outstanding service" to the Grange. Cline serves as Grange chaplain.



Mrs. Caldwell



Lloyd Massey

Fund Established For Scholarship

Carolina Country's Family Medicine Scholarship Fund has been officially launched with the presentation of seed money for the fund to the UNC-CH School of Medicine.

Two checks totaling more than \$500 were presented to Dr. J. Mitchell Sorrell, assistant dean of the UNC-CH School of Medicine, who administers financial assistance to medical students at Chapel Hill.

The money was raised from the sale of *Carolina Country Readers* through *Carolina Country* magazine during 1974. Sales of the book are continuing and additional contributions to the fund are planned. Private tax-deductible contributions are also being sought.

The fund was established to assist medical students who are willing to enter family practice in rural North Carolina.



Jim Chaney, left, with Dr. J. Mitchell Sorrell, center, and Dr. Eugene Grace

Efforts to launch the scholarship program were begun in July of 1974, through promotion of the sale of the book.

"We hope this scholarship program will eventually help medical students who want to practice in the rural areas of North Carolina, wherever they may be enrolled in medical school," said Jim Chaney, retired editor of *Carolina Country*, who was instrumental in getting the fund established.

Chaney is editor-author of *Carolina Country Reader*, which was published by Moore Publishing Co. in Durham. It contains a number of Chaney's stories, essays and poems, as well as other selections which have appeared in the magazine through the years.

Forty per cent of the price of each copy purchased through the magazine goes toward the scholarship fund. In addition, the author-editor has pledged to turn all royalties over to the fund.

Dr. Eugene Grace, head of Moore Publishing Co., and Chaney made the presentation at UNC-CH to formally establish the fund.

Carolina Country is published by North Carolina Electric Membership Corporation, the state's association of rural electric cooperatives. It is circulated to about 240,000 families across North Carolina.

The electric cooperatives, the association and the magazine have long been active in efforts to improve rural life and rural health care in North Carolina, and were among the original sponsors of the Burn Center at Memorial Hospital in Chapel Hill.

To order a copy of CAROLINA COUNTRY READER by Jim Chaney, send \$6.35 to CAROLINA COUNTRY READER, P. O. Box 3113, Durham, N.C. 27705. (Orders received after Dec. 15 cannot be guaranteed for delivery before Christmas.)



Carl Horn, president of Duke Power Co., (left) and Woodward Smith, executive vice president of Carolina Power and Light Co., as they discussed current issues in the utilities field during the 1975 N.C. EMC Managers' Conference in Southern Pines, Oct. 30-Nov. 1. About 20 management employees from EMCs across the state attended the meeting.

Nuclear Plant Offered For Sale

Rural electric cooperatives and municipal power systems in the two Carolinas are currently reviewing an offer by Duke Power Co. to sell them a 2,300-megawatt power plant now under construction on Lake Wylie in York County, S.C.

Duke Power officially placed the "For Sale" sign on the \$1.2 billion Catawba Nuclear Station during a meeting with representatives of the EMCs and municipalities in late October.

In the proposal, Duke suggested that one of the plant's two units might be purchased by the EMCs and the second, by the municipalities. The plant, which is scheduled to go into operation in the early 1980s, will be completed by Duke even if the sale is consummated prior to its completion.

The EMCs and municipal power firms in the Carolinas are now major wholesale customers of Duke Power. They buy power from Duke for resale to their customers. This wholesale business represents about one-sixth of Duke's total sales.

Duke officials say the proposed sale is based entirely on economics and not on any expected changes in future power demands for its service area, adding that the Catawba plant will be needed whether it remains Duke property or is sold to their wholesale customers.

D.W. Booth, a Duke vice president, said the proposed sale is intended to ease the firm's current financial bind, providing new capital to help cover the costs of other power plants now on the drawing boards. The company is projecting fu-

ture construction costs at a whopping \$1 billion a year in the 1980s.

"We have no reservations at all about our ability to build the Catawba plant. Our total interest is to put us in a stronger position to make financing the decade of the '80s easier," Booth said.

Formal negotiations on the sale are not expected to begin until early 1976, with the outlook that they might be concluded before the end of the year.

The Duke offer apparently is not an all-or-nothing deal, leaving the way clear for any of the parties involved to buy into the plant even if the others don't.

The sale proposal represents a culmination of about a year of discussions between Tar Heel EMCs and Duke Power, according to Robert N. Cleveland, executive vice president of N.C. EMC, which represents the state's 28 electric cooperatives.

"We approached Duke last year to see if they had any interest in selling power generation facilities to the rural electric systems," he said.

"We are very interested in the offer because owning our own power supply source would put us in the position of controlling our source of energy for the first time. This would mean a great deal to us in managing our overall power supply needs."

He said N.C. EMC attorneys and engineers are studying the proposal to determine its feasibility.

"All the parties involved in the offer are independently studying the proposal, but we may work together on some of the

feasibility studies."

If the EMCs should move to acquire a portion of the plant, financing would be arranged through government-guaranteed loans which are available through the Rural Electrification Administration.

"We have no question about financing," Cleveland said. "we've already talked to the people involved in financing these kinds of arrangements."

The availability of such loans puts the cooperatives in a better position to finance power plant construction than do the state's private power companies, he added.

These financing arrangements would follow the same path used when a similar purchase plan was developed in Georgia last year. Georgia Power and Light Co. sold a 30 per cent share of a nuclear plant unit to the Georgia rural electrical systems, with financing provided by government-guaranteed loans.

North Carolina municipal power systems, which are represented by the Electricities organization, are legally prohibited from buying into the nuclear plant on a joint basis with the EMCs.

However, Electricities attorneys have said the municipal systems can purchase one of the two Catawba units, as long as ownership is clearly divided from the other unit.

The municipal systems would probably issue revenue bonds in order to finance the purchase. Electricities members would form a nonprofit corporation to purchase the unit and borrow money using contracts for electric power from the municipal systems as collateral.

Such a bond issue would be the largest in the state's history, according to H. Alan Boyles, secretary of the Local Government Commission.



This drawing shows an artist's conception of the Catawba Nuclear Station on completion. The 2,300-megawatt power plant is now under construction in York County, S.C. It is expected to go into operation in the early 1980s. Drawing courtesy of Duke Power Co.

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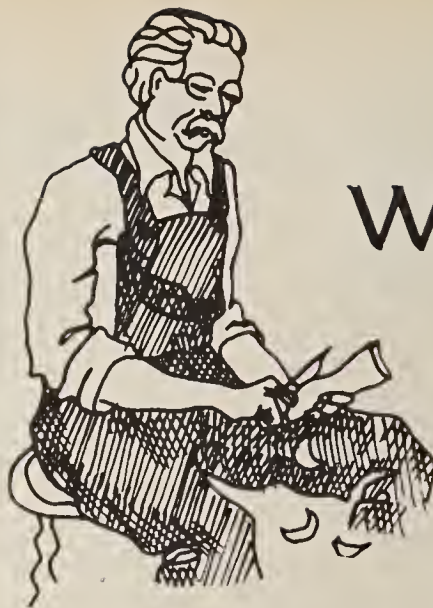
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Whittlin's

• We goofed! In the "Carolina Homemaker" article appearing in the November issue of *Carolina Country*, we included an address where readers could write for instructions for making various toys. The source for the instructions, including those reproduced in the article, was inadvertently omitted. The instructions were prepared by the Human Development Department of the Agricultural Extension Service at NCSU. Our apologies to all the folks in that department! The correct address: Toys You Can Make, Human Development Department, Agricultural Extension Service, NCSU, Raleigh, N.C. 27607.

• The North Carolina Department of Agriculture reports that as of Nov. 13, 1975, only cured fresh yams will be sold in grocery stores. They will look like the earlier uncured ones, but have had special care in order to make it possible to sell fresh yams over a longer period of time. For a free leaflet on yams write "Yam Recipes," Division of Markets, N.C. Department of Agriculture, P.O. Box 27647, Raleigh, N.C. 27611.

• A new energy conservation guide for homeowners, published by the National Bureau of Standards, entitled "Making the Most of Your Energy Dollars in Home Heating and Cooling," may be obtained for 70 cents from the Superintendent of Documents, Government Printing Office, Washington, D.C. 20402 (Catalog No. C13.53:8).

• The events, politics and background of the American Revolution exactly as read by the colonists themselves is now available week by week in the *Continental Correspondent*, a faithful replica in style and content of a typical Colonial newspaper. A one-year subscription (52 issues) starting with No. dated April 4, 1775, is priced at \$17.50. Available from Fishergate Publishing Co., 2521 Riva Road, Annapolis, Md. 21401.

• A new order by the Federal Trade Commission requires that where a mail order seller is unable to ship merchandise within the stated time, or if no time is stated, within 30 days after receiving an order, the seller must notify the buyer of the delay and give him an option to cancel the order. The buyer must be furnished an adequate cost-free means to notify the seller, such as a postage-paid card. If the buyer so requests, the seller must cancel the order and refund the money. The FTC order becomes effective Feb. 2, 1976.

Easy Living

Christmas . . . Tree or Torch?



A North Carolina-grown tree sparkles in Christmas finery which will keep the holiday safe and happy. Tree decorations by Mrs. Valerie File of Raleigh.

Buying Your Christmas Tree

Buy a fresh tree — if possible, cut a growing tree — or purchase one which has not been allowed to dry out by prolonged storage. The larger the tree, the greater the hazard, so don't get one any larger than you need.

TEST BY:

Bouncing butt hard on ground.

Pulling at needles at end of branch.

Rubbing finger across stump.

TREE IS FRESH IF:

Needles do not shower down.

Needles have good resistance.

Stump is sticky with resin.

Preparing For Your Tree

As soon as you bring the tree home, stand it outside in cool shade with the butt placed in a bucket of water. Before taking the tree into the house, spray it with a flame-proofing formula which may be purchased; or you can make a suitable formula with materials found in the home:

9 oz. Borax

4oz. Boric Acid

1/2 teaspoon of any low-sudsing detergent

Mix above materials into one gallon water, mixing thoroughly.

Spray the tree until saturated, being sure to spray the underside of the branches. Allow to dry completely outside in the air.

Just before setting up the tree, saw off the trunk at an angle at least one inch above the original cut.

Place the freshly cut tree trunk in water and keep level of water above the cut the entire time the tree is indoors. (Check the water level at least once a day for absorption and evaporation.)

Keep the tree away from sources of heat (fireplaces, radiators, etc.) so that, standing or fallen, it could not block the way out of the room or out of the house in case of fire.

Support the tree well. Some excellent stands are on the market which not only have a receptacle for water, but are sturdy, have a broad base, and incorporate clamps for anchoring the tree.

Trimming Your Tree

Bear in mind that tree trimming follows a fundamental rule of women's fashions — accentuate the opposite. If your tree is tall and slender, decorating lines should run horizontally. If it is short and full, trim your tree along vertical lines.

Trees should always be trimmed from the top down.

After your tree-top ornament is firmly in place, string the tree lights, using the formula outlined below for a good lighted effect.

Next, add your "continuous" decoration, such as strung popcorn. Follow this with glass ball ornaments, snow balls, candy canes, and similar decorations. Last, add aluminum or lead tinsel, one piece at a time, and finish perhaps with a spray of artificial snow.

Too Many Lights?

Too often, the number of lights used to trim a tree is arrived at by guesswork, and results look disappointingly "spotty." There is a formula, however, which does away with much of the guesswork and helps produce an evenly lighted appearance. To achieve what professionals call a "good lighted effect," try this formula:

Height of Tree (in feet) x Width of Tree at Base (in feet) x 3

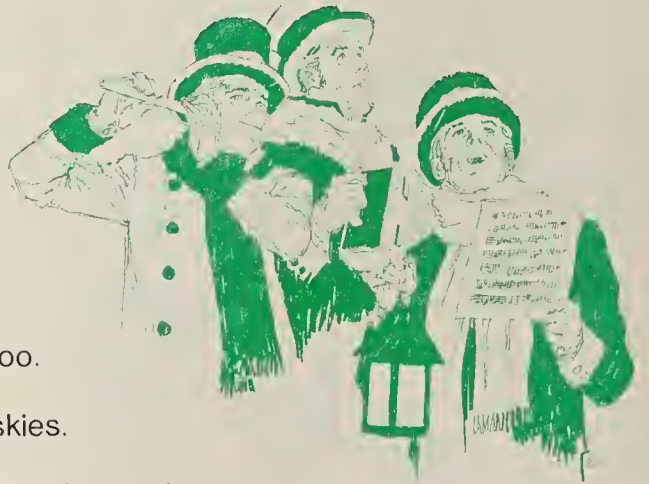
Let's say your tree is 6 feet in height and 4½ feet wide at the base. The formula would work like this: 6 x 4½ x 3 equals 81 lights for "good lighted effect."

While personal taste is the last word in decorating Christmas trees, each year finds more families adopting the following formula:

SIZE OF TREE	# LIGHTS REQUIRED FOR GOOD EFFECT
4'	36
5'	56
6'	81
7'	110
8'	144
10'	225

christmas challenge

Listed below are Christmas song and carol titles, accompanied by lyric lines. Each line has at least one missing word. Once you have filled in the blanks, you can then discover a hidden message. Write the first letter of each missing word in a left-to-right sequence, starting with number 29 and working backward. Answers appear on the next page.



1. **The Wassail Song**
Love and joy come to (), and to your wassail, too.
2. **Hark! The Herald Angels Sing**
Joyful all ye nations (), join the triumph of the skies.
3. **(All I Want For Christmas Is) My Two Front Teeth**
It seems so long since I could say sister Susie sittin' on a ().
4. **Angels from the Realms of Glory**
Shepherds in the fields abiding, watching o'er your flocks by ().
5. **The First Noel**
They looked () and saw a star shining in the east beyond them far.
6. **I Heard the Bells On Christmas Day**
Their () familiar () play.
7. **It Came Upon the Midnight Clear**
That glorious song of old, from () bending () the earth to touch their harps of gold.
8. **I'll Be Home For Christmas**
If only () my dreams.
9. **Away In A Manger**
The cattle are (), the poor Baby wakes.
10. **Deck the Halls**
Fast away the () year passes, hail the new, ye lads and lasses.
11. **O Holy Night**
A thrill of hope the weary world (), for yonder breaks a new and glorious morn.
12. **Silver Bells**
In the () there's a feeling of Christmas.
13. **Silent Night**
All is (), all is bright.
14. **I Saw Mama Kissing Santa Claus**
Underneath the () last night.
15. **Angels We Have Heard On High**
Singing sweetly o'er () plains.
16. **The Christmas Song**
And every mother's child is gonna spy, to see if () really know how to ().
17. **The Good King Wenceslaus**
Good King Wenceslaus looked out on the Feast of ().
18. **Santa Claus Is Coming To Town**
He sees you when you're sleeping, he knows when you're ().
19. **O Little Town of Bethlehem**
The hopes and fears of all the years are () in thee tonight.
20. **White Christmas**
Where the () glisten and children listen to hear sleigh bells in the snow.
21. **O Come, all Ye Faithful**
Sing, choirs of angels, () in exultation.

22. **Jingle Bells**
The horse was lean and lank, misfortune seemed his lot, he got () a drifted bank, and we, we got upsoot.
23. **Joy To the World**
Let earth () her King.
24. **(There's No Place Like) Home For the Holidays**
If you want to be () in a million ways.
25. **Blue Christmas**
Decorations of red on a green () tree won't mean a thing if you're not here with me.
26. **God Rest Ye Merry Gentlemen**
And God send () a happy new year.
27. **Rudolph the Red-Nosed Reindeer**
They never let poor () join in any () games.
28. **O Christmas Tree**
It blooms for us when wild winds blow and () is white with feathery snow.
29. **Let's All Dance Around the Christmas Tree**
And sing a merry ().

- (read UP)
29. Melody
28. Earth
- Reindeer
27. Rudolph
26. You
25. Christmas
24. Happy
23. Receive
22. Into
21. Sing
20. Tree-tops
19. Met
18. Awake
17. Stephen
- Fly
16. Reindeer
15. Our
14. Mistletoe
13. Calm
12. Air
11. Rejoices
10. Old
9. Lowing
8. In
- Near
7. Angels
- Carols
6. Old
5. Up
4. Night
3. Thistle
2. Rise
1. You

ANSWERS :



A Christmas Setting

A Christmas snow has dressed the trees
And laid a carpet on the ground.
It levels off below the knees,
But tempting drifts are all around.
The winter storm, long overdue,
Brought sombre grayness to the sky,
But now the sun is peeping through
As straggling clouds are drifting by.
A curl of smoke adorns each flue.
The woodsy smell comes drifting down.
The road left bare by highway crew
Now snakes it's way to yonder town.
A fence meanders round the hill,
Then points a lane to span the creek.
But now the water hole is still;
The pasture land is cold and bleak.
While snowbirds twitter in the trees
I spread a little grain below
In answer to their hungry pleas.
Their tracks made etchings in the snow.
The holly trees, the mistletoe,
The cedars weighted down with ice
Enhance the beauty of the snow.
No other scene could be so nice.
On Christmas God bestowed His Gift,
And as we share the love we're getting
Our spirits get an extra lift
When nature brings a Christmas setting!

Paul Ellis Bowman
Hickory

My Santa Claus World

When I was just a little girl
I had a favorite dream
Everyone in the whole world was
Yes, you guessed, Santa Claus.
Can I make you see
What a wonderful world this would be
If everyone could just agree
And only be
Interested in being good to everyone else.
No one selfish or ugly or mean,
Everyone giving,
Nobody taking, or thinking only of himself.
Too bad it's only a dream.

Carol Renee Manning
Raleigh

The Day After Christmas

'Twas the day after Christmas, and all
through the house,
Not a vacant chair could be found, not
even the couch.
The stockings were thrown on the
floor in dismay,
Showing they'd been raided just yesterday.
The children were excited with all
their new toys,
While daddy and mamma put up with
the noise.
Boxes and bows were scattered
all over the floor,
Proving that Christmas had been
here once more.
The tree and decorations, to be taken
down and stored,
And it makes me kinda sad, to
know that it's o'er.
But, quick, tuck away the sad, and
put on a grin,
For 'twill soon be time to ring in the
New Year again!

Peggy Harrison
Denton

LAST ENROLLMENT THIS YEAR

AVAILABLE TO NORTH CAROLINA RURAL ELECTRIC MEMBERS

You can "CO-OP" YOUR HOSPITAL BILLS...through the "CO-OP INSURANCE FUND." For most rural residents, it provides their first opportunity to belong to an Insurance "Group"--and buy group protection at low group rates.

The plan itself is not new. C.I.F. has spent over five years to fully develop the program. RURAL LEADERS helped in its planning and development...men such as ORVILLE L. FREEMAN (former SECRETARY OF AGRICULTURE and Governor of North Carolina), CLYDE T. ELLIS (for 25 years Manager of NATIONAL RURAL ELECTRIC COOPERATIVE ASSOCIATION).

HERE ARE SOME OF THE PLAN'S VALUABLE HIGHLIGHTS :

PAYS \$50.00 PER DAY CASH for Every Day in the Hospital.

—One Week in the Hospital \$350
—One Month \$1,500
—One Year \$18,200
—PLUS—If Accidental Death Takes Place—pays
100 TIMES The Daily Benefits \$5,000

SIX MORE REASONS:

1. The ONLY time you can buy Hospital Protection is BEFORE you need it.
2. Last year hospital costs averaged as high as \$109 per day (Amer. Hosp. Assn.)
3. **NO ONE CAN AFFORD TO TAKE A CHANCE ON HAVING THEIR SAVINGS (or what you own) WIPED OUT!**

CONSIDER THESE FACTS:

4. One person in every third family will go to the hospital this year. Almost everyone - will go to the hospital sooner or later.
5. **YOU CAN'T BE CANCELLED** - so long as you pay your premium and the group policy remains in force (no matter how many times you go to the hospital - regardless of how many thousands of dollars you may collect in claims).
6. **NO Hospital Plan pays for everything** (lost pay, food, school, clothing, etc.). **YOU NEED EXTRA CASH.**

SIX REASONS YOU NEED THE C. I. F. PLAN:

1. Pays for one whole year (365 days).

PAYS IN ADDITION TO:

2. Other Insurance you may already have.
3. Workmen's Compensation.
4. Veteran's Hospitalization.
5. **NO AGE LIMIT** to apply.
6. Pays beginning **THE VERY FIRST DAY** in the hospital.

IF YOU WANT TO LEARN HOW YOU CAN JOIN THE "Co-op Insurance Fund" GROUP HOSPITAL PLAN. . . Complete the information below and mail while the need is fresh in your mind. **NO AGENT WILL CALL OR CONTACT YOU.** ALL INFORMATION WILL BE MAILED TO YOU. **C.I.F. IS AVAILABLE ONLY BY MAIL.**

CLAIMS HANDLING IS JUST A PHONE CALL AWAY

Prompt and considerate claims handling is our trademark - wherever you live (or move) anywhere in the world. Our insurance company is licensed in your state, and we are as close to you as your neighbor. A postage stamp or a phone call reaches us promptly.

CO-OP INSURANCE FUND is administered coast-to-coast from its offices in Atlanta, Georgia.
Phone (404) 892-3168



DEPOSITORY -

NATIONAL BANK OF GEORGIA

TRUSTEE -

COMMERCE BANK OF KANSAS CITY

TO GET THE WHOLE STORY

Fill in information and mail to:

Reply Form

**NO RISK...
NO OBLIGATION**

CO-OP INSURANCE FUND

Sixth Floor, 1447 Peachtree St., N.E., Atlanta, Ga. 30309

PLEASE PRINT

Name _____

Street Address (or RFD) _____

City/Town _____

State _____ Zip _____

Are you interested in Coverage for:

☐ Male?

Age _____

☐ Female?

Age _____

☐ Children?

NO AGENT WILL EVER CONTACT YOU